

Psychological Wellbeing Practitioner Support Materials for LTC

- Reclaim your life. Chris Williams (2011) ISBN: 9781906564889. Five Areas, Glasgow.
- Diabetes UK: <https://www.diabetes.org.uk/>
- Emotional and psychological support for people with diabetes position statement: <https://www.diabetes.org.uk/Professionals/Position-statements-reports/Diagnosis-ongoing-management-monitoring/Emotional-and-psychological-support-for-people-with-diabetes/>
- 15 Healthcare Essentials which lists receiving emotional and psychological support: <https://www.diabetes.org.uk/Guide-to-diabetes/Managing-your-diabetes/15-healthcare-essentials/What-are-the-15-Healthcare-Essentials#hce8>
- Diabetes and Mood Information Prescription: <https://www.diabetes.org.uk/Professionals/News--updates/Diabetes-and-mood-advice>
- www.diabetesinhealthcare.co.uk - free online introductory course for healthcare professionals who are not specialists in diabetes but want to know more about the condition: <https://www.diabetesinhealthcare.co.uk/Int/Login.aspx?ts=636561187807774535>
- NHS choices (Diabetes): <https://www.nhs.uk/conditions/Diabetes/>